



Youth Indoor Soccer League

Individual Sign-ups (free agents)

For Boys and Girls U7 to U14

League Format

- All games are played at Striker's Den
- Teams are divided by age and skill level
- Games may start as early as 8:00AM and as late as 8:30PM
- Games consist of two equal periods of 20 minutes each with a 2 minute half time break
- Guaranteed 8 games, 7 league games and one playoff game. Every team makes the playoffs.
- Champions will receive championship t-shirts or medals for younger age groups

Membership Required

All participants must be members of Striker's Den or Rollin' Ice. Annual membership fee is \$99. A non-member fee of \$45 will be charged if not a current annual member.

Cost

Member League Fee	\$120 per player
Non-Member League Fee	\$165 per player
Members registered in our Youth Training classes	\$ 75 per player

Game Format

U7 play 4 v 4 (no goalie) using Pugg goals
 U8 play 5 v 5 (no goalie) in the small arena
 U10 - U14 play 7 v 7 (6 field players + keeper) in the large arena

Required Equipment

- Flat soled or turf indoor soccer shoes, or tennis shoes
- NO outdoor cleats permitted
- Shinguards must be covered by long socks
- Jerseys will be provided

IMPORTANT DATES

Session	Winter I	Winter II	Spring
Registration Period	Oct 8 – Nov 24, 2010	Dec 10 – Feb 11, 2011	Feb 25 – Apr 15, 2011
Start Date	Dec 4, 2010	Feb 19, 2011	Apr 23, 2011
Playoffs Begin	Jan 29, 2011	Apr 9, 2011	Jun 11, 2011

Striker's Den at
 Silver Creek Sportsplex
 800 Embedded Way • Suite 30 • San Jose, CA 95138

Soccer desk: 408.224.8774 • www.strikersden.com • info@gotoplex.com



Youth Training Schedule



TRAINING DAYS / TIMES				
	Monday	Tuesday	Wednesday	Thursday
4:30 – 5:30PM	U8 - U10	U7 U12 - U14	U7 - U8 - U10 U12 - U14	U12 - U14
5:30 – 6:30PM	U7	U7 U8 - U10	U7 - U8 - U10 U12 - U14	U8 - U10

MC Academy is 5-7 years old (U7)

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