

# Advanced Soccer Training

For Competitive Players Age 14+



Soccer training for men and women 14 years and up looking for advanced training in a very competitive and intense environment. Individuals looking to experience college type training sessions that focus on conditioning, tactical awareness, technical advancement as well as mental toughness. Previous playing experience in a competitive environment preferred.

## REQUIRED EQUIPMENT

- Flat soled or turf indoor soccer shoes, or tennis shoes
- NO outdoor cleats permitted
- Shinguards must be covered by long socks

## SCHEDULE/REGISTRATION:

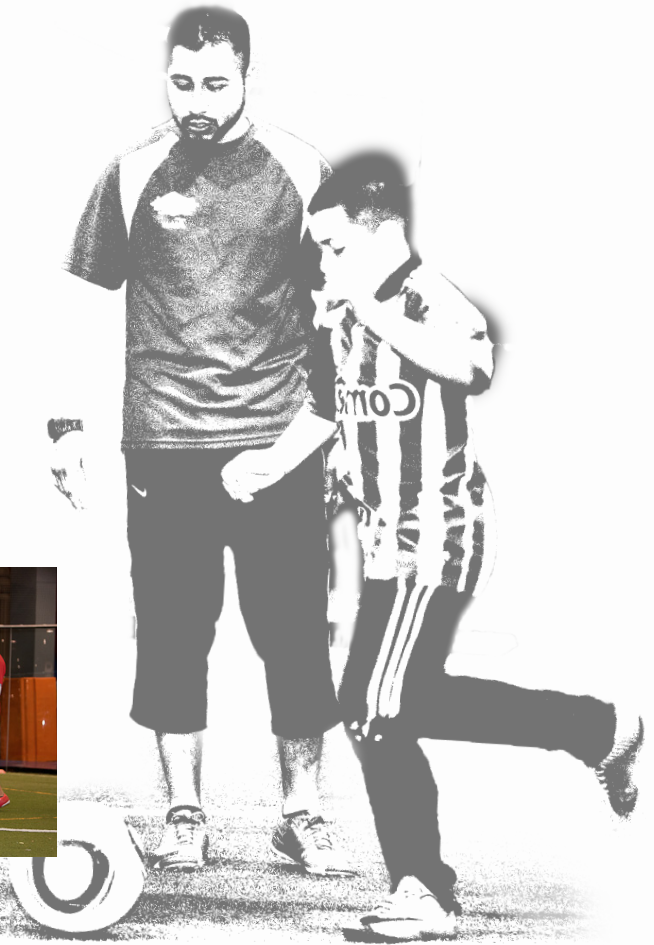
Mondays 6:30-7:30PM

Sundays *Must be scheduled in advance.*

To schedule your own group or private training session come to the soccer check-in desk, call 408-224-8774 or email [info@GoToPlex.com](mailto:info@GoToPlex.com)

## COST:

Group class:	\$20 members (or 5 punches on your card) \$25 non-members
Semi-Private (2-5):	\$50 members (or 11 punches) \$55 non-members
Private:	\$70 members (or 15 punches) \$75 non-members



Silver Creek Sportsplex • 800 Embedded Way, San Jose 95138  
Soccer desk: 408.224.8774 • [info@gotoplex.com](mailto:info@gotoplex.com)

[www.GoToPlex.com](http://www.GoToPlex.com)

