



High School Fall 2010

10 game season – all teams make the playoffs!

IMPORTANT DATES:

Registration Period:	8/1/10-9/18/10
Pre-Season Game:	9/25/10
Regular Season Games:	10/2/10
Playoffs:	12/17-18-19/10
Winter season info:	
Signup: Dec. 1 st to Jan 1 st . Game one on Jan. 9, 2011	

TEAM STRUCTURE:

Each team will have a maximum of 14 skaters and 2 goalies. Each team must have at least 1 coach (23-years or older), & no more than 2 coaches on the bench for every practice and game. All players must be students of the school team they play for.

LEAGUE FORMAT:

Exhibition game 10 regular season games, all team make the playoffs.

PRACTICE TIMES:

Are available on a first come first serve basis, practices are \$950.00 for 45 minutes every week, for afternoon or weekend times. Primetime Practices will be available at \$1350.00 for 60 minute slots for the duration of the season. Practices will begin the week of **upon payment in full** and continue through Playoffs. Contact info@gotoplex.com for a practice package or individual practice times. Occasional practice times can be purchased for \$165 per hour.

GAME FORMAT:

Games usually played on Fridays, between 5pm and 11pm & Saturdays between 2pm & 11pm. Occasional Sunday games times may be needed. On some occasions teams may have 2 games in one weekend. Games are 3-15 minute periods. There is a 30-second intermission between periods. The clock will stop in the last minute of the third period if the score is within one goal. If in the event of a tie after the 3rd period, a 3min/3on3 overtime will be played. No stop clock or timeouts in the overtime period. If the score remains tie a 3 man shoot out will commence and continue into a sudden death shootout. Team stats and schedules are kept at <http://GoToPex.com/partners/hockey/pages/HighSchool.html>

REQUIRED EQUIPMENT:

- H.E.C.C. approved Helmet with full face cage
- Mouthpiece
- Elbow Pad and Knee/Shin Pads, Gloves –all pads must be covered
- Stick (no black tape)
- Skates (no brakes allowed)

DIVISIONS:

D1: Highest level with mostly travel or ice players

D2: Some Travel or Ice players but above average

D3: Mostly average players

D4: Mostly below average players

D5: ALL player are beginners

If a club has only 1-team and that team has 1-2 players at or above the skill level described, the team will be placed in the higher division.

PRICES:

\$1700 per team with a deposit of \$850 due by the end of the signup period and the balance due by the exhibition game. **NO DEPOSIT=NO SCHEDULE!**

ANNUAL MEMBERSHIP FEE:

2009: \$99.00 per year or \$45.00 NON-Member fee.

Applicable to all new players & players who's previous membership has expired. Annual Membership is good for 365 days from purchase.

PICKUP YOUR TEAM PACKET:

At the time your deposit is made, a team representative will need to pickup a team packet. The packet consists of the following:

- Coaches conduct forms
- Player conduct forms
- Final roster form and proof of attendance with picture.
- Copy of the league rules

Off weeks this season:

October 23, November 27.

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