



Summer 2010

Rollin' Ice Goalie Clinics

IMPORTANT DATES:

- Registration:**Now!
- Week 1:** June 22-25
- Week 2:** June 29-July 2
- Week 3:** July 6-9
- Week 4:** August 3-6
- Week 5:** August 10-13

DETAILS:

- 1 week clinics offered 5 times
- Tuesday through Friday
- 4:00 PM – 5:15 PM
- Maximum 8 goalies per coach

ABOUT THE GOALIE CLINICS:

The position of goalie requires specialized instruction. The Rollin' Ice Goalie Clinics include hand-eye/foot-hand drills to improve reaction time, intense agility, flexibility, balance and endurance training to increase your speed and confidence in the net.

We combine this knowledge with a fun and a positive learning environment which results in immediate improvement! Let us help you in developing your skill level to play at your maximum potential.

Attendees can expect to leave the clinic with new skills and the knowledge needed to improve on their goal tending techniques in order to give themselves and their teams a better chance at success.

Enrollment in the Rollin' Ice Goalie Clinics is limited! We encourage goalies of all skill levels - from Beginner to Elite - to APPLY EARLY!

SIGN UP NOW! *

The signup form is at the Rollin' Ice check-in counter
 Weekly rate \$160.00
 *you must have current Rollin' Ice membership

ABOUT THE COACHES:

Dave Inouye has many years coaching and goaltending experience. He is the general manager and coach of the Silicon Valley Quakes. Dave will be present at select sessions this summer.

Yoshi Chai is an official at Rollin' Ice, and has been coach of Saint Lawrence Academy's Roller hockey program since 1997.

He has also played ice and roller hockey goalie for San Jose State University, as well as Fresno State, and Evergreen Valley College.

REQUIRED EQUIPMENT:

- H.E.C.C. approved goalie mask, breezers (pants), leg pads, chest pad, glove/blocker, goalie stick, and skates.
- Rental goalie gear is available for an additional fee.

For more information contact: info@gotoplex.com



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